

October Newsletter

LANGUAGE ACADEMY OF SACRAMENTO



BULLYING PREVENTION MONTH

Dear LAS Families,

October is **Bullying Prevention Month** and for bullying prevention to work, everyone at school needs to be involved. Our staff has been trained on how to recognize and respond to bullying as well as how to use strategies that support a positive school and classroom climate. To further help our school be a safe and respectful place, we are going to use the [Second Step Bullying Prevention Unit](#). In the lessons, students will learn how to:

- Recognize when bullying is happening
- Report bullying to a caring adult
- Refuse to let bullying happen to themselves or others
- Be a bystander who stands up and is part of the solution to bullying

Our students will also be learning how to distinguish between behaviors that are mean versus rude versus bullying. These are the definitions students will learn:

Rude = Inadvertently saying or doing something that hurts someone else

Rudeness might look like burping in someone's face, jumping ahead in line, or bragging about achieving the highest grade. On their own, any of these behaviors could appear as elements of bullying, but when looked at in context, incidents of rudeness are usually spontaneous, unplanned inconsideration, based on thoughtlessness, poor manners or narcissism, but not meant to actually hurt someone. These behaviors are also infrequent.

Mean = Purposefully saying or doing something to hurt someone once (or maybe twice).

The main distinction between "rude" and "mean" behavior has to do with intention; while rudeness is often unintentional, mean behavior very much aims to hurt or depreciate someone. Kids are mean to each other when they criticize clothing, appearance, intelligence, coolness or just about anything else they can find to denigrate. Very often, mean behavior in kids is

motivated by angry feelings and/or the misguided goal of propping themselves up in comparison to the person they are putting down. Commonly, meanness in kids sounds an awful lot like:

- "Are you seriously wearing that sweater again? Didn't you just wear it, like, last week? Get a life."
- "I hate you!"

Make no mistake; mean behaviors can wound deeply and adults can make a huge difference in the lives of young people when they hold kids accountable for being mean. Yet, meanness is different from bullying in important ways that should be understood and differentiated when it comes to intervention.

Bullying = Persistent, unwanted aggressive behavior that is intentionally hurtful towards another person and often involves an observed or perceived power imbalance.

Further, bullying is defined as the repeated use by one or more students of a written, verbal, or electronic expression or a physical act or gesture directed at an individual that:

- Emotionally or physically harms a student or damages the student's property
- Causes a student to be in reasonable fear that he or she will be harmed
- Creates a hostile environment for the student at the school
- Infringes on the rights of a student at the school
- Has the effect of substantially disrupting the orderly operation of the daily classroom instruction or school environment

As our esteemed families we need your help, too! Get involved in making our school a safe and respectful place by letting us know if you hear about bullying at our school. Make sure your child knows to tell you or someone at school if he or she is being bullied. And give your child the clear message that it is never okay to bully others. We are asking students, staff, and families to wear orange on October 27th to show solidarity and stand up against bullying! Thank you for helping us make our school a safe, respectful place where everyone can learn.


Remember to wear ORANGE on OCTOBER 27TH!

ATTENDANCE AT LAS

Attendance plays an important part in a child's academic success. We understand that at times students must stay at home due to illness. When they are not ill, we thank you, for ensuring that your children attend school daily and on time.

Way to go to **3rd grade** for having the highest attendance rate for the month of September!

September septiembre

Grade Grado	Attendance Rate Tasa de asistencia
TK	95.51%
K	95.12%
1st	95.41%
2nd	95.60%
3rd	97.47% 
4th	96.69%
5th	96.25%
6th	96.95%
7th	96.67%
8th	96.19%

SUPPORT 4TH GRADE!

4th Grade

SNACK SALE

When: recess and after
school



dates: 10/9-10/20

all items: \$1



DIA DE MUERTOS



DIGITAL CITIZENSHIP

Growing up has always had its challenges. However, for kids today, technology and social media have a way of amplifying the stresses of adolescence. **October 16-20 is Digital Citizenship Week** and [Common Sense Media](#) has many family resources that promote digital well-being. Check out some of them below:



- Media Balance & Well-Being: [K-5](#) / [Middle School](#)
- Privacy & Security: [K-5](#) / [Middle School](#)
- Digital Footprint & Identity: [K-5](#) / [Middle School](#)
- Relationships & Communication: [K-5](#) / [Middle School](#)
- Cyberbullying, Digital Drama & Hate Speech: [All grades](#)
- News & Media Literacy: [K-5](#) / [Middle School](#)



LOST & FOUND

If your child has lost an item while at school, please be sure to check the lost & found, which is located right outside cafeteria doors. *Unclaimed items in the lost & found will be donated the last Friday of every month.*

NO SCHOOL

Wednesday, October 25th

LAS Assessment Day (Teacher Work Day)

No School (TK-8th grade)



ATTENTION 4TH GRADE PARENTS!

4TH GRADE PARENT WORKSHOP

The Fourth Grade Teachers would like to invite you to a Math Workshop.

Who: All FOURTH GRADE

What: Come and learn about Bridges Curriculum, games and how to support your student with Math Fluency.

When: Monday October 16th, 2023

Time: 5:30-6:30pm

Where: Room 5 y 6



ABOUT US

 Facebook


Mission

The LAS mission is to create a learning environment where students: Utilize bilingualism and biliteracy (Spanish and English) to achieve academic excellence and apply skills in real-world situations and diverse settings. (BILITERACY) Develop and exhibit positive self-esteem, pride, confidence, and respect for themselves and others. (CONFIDENCE AND LIFE SKILLS) Demonstrate leadership skills in order to build bridges between communities and apply critical thinking skills to solve problems, promote social justice, and create change in society. (LEADERSHIP AND CRITICAL THINKING)

Vision

Our vision is to provide an exceptional Spanish-English bilingual education for all students.

 2850 49th Street, Sacramento,...  (916)277-7137

 lasac.info